HOPSA HEISA PŘIJEĎ NA KEMP DO BRANDEJSA!!!!

BRANDÝS nad Lab

Dates: Brandýs I: 30. 6. - 5. 7. 2013 - Kemp Standard Brandýs II: - 7. 7. - 12. 7. 2013 - Kemp Mini

Location: Areal of the elementary school Na Výsluní and Sportcentrum Brandýs nad Labem

Main coaches:

Kemp Standard: Marián Svoboda, Michaela Uhrová, Kateřina Nováková **Kemp Mini:** Hana Nezdařilová, Tomáš Pavelka

What we have planned for you

- programme. Wide range of competitions in basketball skills with high-quality prizes on offer which we provide in conjunction with the basketball-equipment companies. All sorts of entertainment and fun with friends, both
- What you have to do in return
- Fill in and send off your application form to the
- organisers as soon as possible by e-mail, fax or post. Pay the camp fees by return as soon as possible or
- upon agreement with the camp organisers. Do not forget to put the date of birth of the person
- taking part as the reference for the payment. Turn up at the camp ready to have fun and get stuck in to training.

What the camp comprises

- Training drills.
 Fundamental individual basketball skills and development of these skills.
- Fundamental strategies and simple teamwork drills.
- Individual skills analysis.
- Matches and camp competitions.

 Demonstrations of basketball technique provided by well-known players and coaches.
 Talks about basketball with well-known figures from
- Rest, relaxation, fun and entertainment organised

The price of the camp includes

- Catering (starting from supper on the first day, ending with lunch on the last day).
 Accommodation (in your own sleeping bags on mattresses and your own karrimats).
- Expert instruction at the individual sites.
- Camp T-shirt with the camp logo.
- List of those who attended detailing results achieved
- and a group photo of the entire camp.6. Prizes for those who score highest in the camp
- 7. Lots of other surprises.

What you have to bring

• Indoor basketball shoes and running shoes, indoor, light-coloured and dark-coloured training top, sleeping bag, karrimat or inflatable mattress, basketball, swimming costume, insurance, health insurance certificate, bravery, basic manners and an understanding of how to behave, appetite for

Please send your payment for the Brandýs n. L. 2013 Basketball Camp to bank: Česká Spořitelna, account no.: 423448309/0800, IBAN:CZ 27 0800 0000 0016

Please send all application forms by 15/6/2013 to the following address: BK Brandýs n. L., Pražská 80, 250 01 Brandýs n. L., tel: +420 326 904 739, fax: +420 326 904 739, mobile: 739 038 499 – Petr Čeněk, e-mail: bkbrandys@tiscali.cz, Head Camp Organiser: Petr Čeněk: petrcenek@seznam.cz

Elektronic aplications also on the web adress: www.bkbrandys.cz!!!!!